INSTRUCTION

PRAGUE EASTER 2013 29. - 31. 3. 2013

Organizer: Oddil OB Kotlářka

Competition centre: 1st and 2nd day in Podolí-Kvítkov, 3rd day in Jestřebí, club tents recommended.

How to get there? 1st and 2nd day: From the road No. 15 Zahrádky – Litoměřice after 3 km to the right in direction

Kvítkov, meadow outside village Podolí-Kvítkov on the rigt side. GPS: 50°38'35.938"N,

14°29'6.286"E

3rd day: From road **No. 9** Mělník – Česká Lípa 3 km after village Jestřebí take narrow road to the left (direction Šváby) and after 200 m again to the left to meadow. GPS: 50°37'2.403"N, 14°32'35.334"E

Parking: On the meadow. Please follow organizers' instruction.

Registration: Friday: 29.3. 11:00 – 13:30 in CC of 1st stage (entry for T, HDR and DH10L and changes

continuously for all days).

Advantage at registration for clubs without debts – check: http://oris.orientacnisporty.cz/PrehledVkladu?id=2251

In case of discrepancy between the payment on web pages with your payment, it is better to let us know on prague.easter@gmail.com, eventually take the documentary proof. Registration only for whole club (no single runners).

In case of change in SI numbers or any other change, send it by e-mail prague.easter@gmail.com beforehand. Save your and our time. We will be able to read e-mails till the last moment before

competition.

Training: Sales of maps for training on Thursday in Jestřebí village (gym opposite to school) from 14 to 15 (see

map, 50°36'31.188"N, 14°35'5.395"E).

Terrain: Sandstone area. Rugged terrain with deep as well as shallow valleys, rocky ridges, rock and boulder

formations, nice pine and mixed forest (generally good runability).

Maps: 1st day: PAVLÍNINO ÚDOLÍ, 1:10 000, E = 5m, size A4, for classes H16, H18, HD20, HD21EAB,

HD35A, H35B, H40AB, H45A, H50A, T6

PAVLÍNINO ÚDOLÍ, 1:7500, E = 5, size A4, other classes, winter 2012, R. Horky, Revise of

clearings in March 2013.

2nd day: BABYLON 2013, 1:10 000, E = 5m, size A4, autumn-winter 2005-6, J. Boruvka, R. Horky.

Last revise in March 2013.

3rd day: PRUSKÝ KÁMEN, 1:10 000, E = 5m, size A3, for classes D20, D21ABE, D35A, D40A,

H18, H20, H21ABE, H35AB, H40A, H45AB, T6

DUBOVEC, 1:7 500, E = 5, size A4, other classes, both autumn 2011, R. Horký, R. Ondráček.

Revise of clearings in February 2013.

The maps are waterproof.

Change of map: Competitors of H21E and H21A classes change their map during Stage 2 (second map will be on the

other side of the first map).

Forbiden area: It is forbidden to enter (cross) cultivated land (map sign 415) and settlement (map sign 527).

Stage 1: Purple hatched areas (map sign 709) mark places dangerous when crossed running down

(danger of slupping). Diagonal purple lines (map sign 710) are used for areas foebidden from reason

of nature protection (nature reserve, young trees).

Stage 2: Purple hatched areas (map sign 709) are forbidden to cross from reason of nature protection

(they are not marked in terrain). More in pictures on the end of this file.

Stage 3: Diagonal purple lines (map sign 710) are used for dangerous area with bee hives.

Start numbers: Start numbers (bibs) for all competitors.

Every runner is obliged to put his actual starting time for the 3rd day on his start number (bib) according to the start list – use the marker on ethanol basis – available in the CC and at the start. The first 5 leading runners after two days in each class will get their special start numbers (bibs) at the start of the 3rd day. These runners have to wear **both** numbers (bibs).

Start:

The way to the start is marked by blue and white ribbons.

1st day: **00=14:00**, distance 2000m, climbing 15m.

2nd day: **00=10:00**, distance 1400m, climbing 40m.

Attention! In the saturday night (between 2nd and 3rd Stage), the time changes to "summer time" - 10 am of the summer time means 9am of the saturday's time.

3rd day: chasing start, **00=10:00**, distance 1900m, climbing 5m.

Classes T, P and HDR start any time from a separate corridor. They punch a special SI unit just before start. It is not possible to start after the start time of last competitor in other classes.

Start times for the 3rd day:

Start time	Class					
00	D20, D45B, D65, D70, H80, B5					
10	H40B, H45B, H50A, H70					
20	D21A, D50, H45A, H60, H75					
30	D35B, D40A, H21E, H21B					
40	D21B, D40B, D55, H50B, H65					
50	D18, D60, H10L, H12, H20					
60	D21E, H18, H35B, H55					
70	D12, D14, D16, H10, B3					
80	D10L, D35A, H16, H35A, H40A					
90	D10, D45A, H14, H21A					

The chasing start lasts for 30 minutes in each class. Competitors with a loss of more than 30 minutes comparing to the leader will start afterwards in regular intervals. Classes P, T3, T6 and HDR don't have the chasing start.

Entry in the start corridor of the 3rd day 6 minutes before the start!

Start list of the last day will be on internet (http://dkp.orienteering.cz/pe) on Saturday evening and posted up on Sunday morning in the CC and gym.

Finish:

1st, 2nd and 3rd day: in the CC.

Punching system: Sportident is used during the whole event. It is possible to use all types of SI cards, even SI10 and SI11.

Every competitor in the start corridor will do as follows:

- 1. clear the Sportident card
- 2. check the clearing of the SI card

Every competitor in the finish area will do following:

1st&2nd day: Finish the race by marking the SI card at the finish line (finish control).

3rd day: Competitors will mark their card just a few meters behind the finish line (finish control). The final result will be set by the sequence of competitors at the finish line.

For those who will not start in the chasing start (e.g. their loss is more than 30 minutes or they are in a class without a chasing start) the finish control a few meters behind the finish line represents the true finish

Competitors with SI cards provided by organizer return them after finishing their last course at the SI reading control.

All runners – even those who did not finish the stage are obliged to read-out their SI card.

Contr. Descript.: Control description cards of each class will be available in the CC, not at the start. Neither will it be printed on the maps!

Courses:

1st day: shortened classic distance 2nd & 3rd day: classic distance

Time limit:

1st day: 90 minutes and 2nd & 3rd day: 160 minutes

Refreshment:

Available for longer classes during the course of the 2nd and 3rd day. Water available before start of the 1st and 3rd stages, water and juice available in the finish of all stages. Buffet in the CC.

Kindergarten:

Kindergarten (crèche) available in the CC of all three days.

WC: In the CC. There are no toilets on the way to the start!

Washing: A tank with water and wash-bowls in the CC all three days. Water from the tank is potable!!

Protests: All protests present to the main referee along with 200 CZK deposit.

Jury: Gomzyk Omová M., Henych P., Prochazka J.

Awards: A prize giving ceremony will be held in the CC of the 3rd day after the race: awards for all participants

of DH10L, HDR and DH10 classes, for the first 6 competitors in DH21E classes, for the winners of B

subclasses and for the first 3 in other classes. No awards in P, T3 and T6 classes.

Attention: In the saturday night (between 2nd and 3rd Stage), the time changes to "summer time" - 10 am of the

summer time means 9am of the saturday's time.

Organizers: Event director: Zdenko Procházka

Main referee: Martin Janata(1st), Šárka Svobodná(2nd), Marie Dlouhá(3rd)

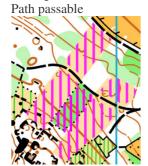
Courses: 1st day: Martin Janata

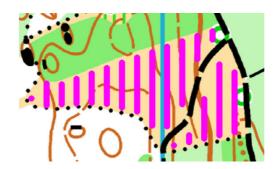
2nd day: Tereza Svobodná 3rd day: Hana Dlouhá

Start: Ondřej Pospíšil
Finish: Mirek Betlach
Registration: Simona Karochová
IT centre: Jiří Dlouhý

Event web: http://dkp.orienteering.cz/pe

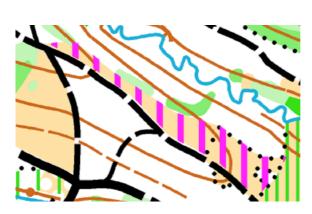
Examples of forbidden area





Be aware of the thin stripe of forbidden area





Some of the forbidden areas will be marked in the terrain. Entering the forbidden area (both marked and unmarked in terrain) will cause disqualification.

Length and climbing of the courses:

	1.Stage			2.Stage			3.Stage		
Class	length	climb.	#con.	length	climb.	#con.	length	climb.	#con.
D10	2,1 km	57 m	5 k	2,1 km	70 m	6 k	2,1 km	25 m	7 k
D10L	1,4 km	45 m	5 k	3,0 km	80 m	6 k	2,9 km	40 m	6 k
D12	2,4 km	53 m	7 k	2,5 km	90 m	8 k	2,3 km	35 m	7 k
D14	2,8 km	77 m	9 k	3,2 km	130 m	12 k	2,7 km	90 m	9 k
D16	2,9 km	108 m	11 k	4,2 km	200 m	12 k	3,5 km	150 m	9 k
D18	3,6 km	92 m	10 k	4,9 km	255 m	16 k	3,9 km	185 m	11 k
D20	4,2 km	141 m	13 k	5 km	310 m	18 k	4,3 km	215 m	11 k
D21A	4,1 km	106 m	12 k	6 km	270 m	17 k	5,1 km	185 m	11 k
D21B	3,3 km	113 m	12 k	5,2 km	250 m	16 k	4,3 km	215 m	11k
D21E	4,9 km	206 m	17 k	7,1 km	310 m	21 k	6,6 km	300 m	16 k
D35A	4,2 km	141 m	13 k	4,2 km	200 m	12 k	4,2 km	265 m	12 k
D35B	2,8 km	77 m	9 k	3,3 km	185 m	10 k	2,9km	140 m	8 k
D40A	3,0 km	101 m	10 k	3,2 km	155 m	12 k	3,7 km	165 m	11 k
D40B	2,8 km	77 m	9 k	2,8 km	160 m	10 k	2,6 km	135 m	10 k
D45A	3,1 km	105 m	11 k	3,2 km	155 m	11 k	3,5 km	160 m	12 k
D45B	2,2 km	87 m	8 k	2,8 km	160 m	10 k	2,6km	135 m	10 k
D50	2,5 km	95 m	10 k	3,3 km	185 m	10 k	3,4 km	145 m	12 k
D55	2,5 km	95 m	10 k	3,1 km	155 m	11 k	3,0 km	155 m	10 k
D60	2,3 km	89 m	8 k	2,8 km	160 m	10 k	2,9 km	155 m	10 k
D65	2,2 km	87 m	8 k	2,8 km	160 m	10 k	2,9 km	155 m	10 k
D70	2,2 km	87 m	8 k	2,8 km	160 m	10 k	2,2 km	85 m	8 k
H10	2,1 km	57m	5 k	2,1 km	70 m	6 k	2,1 km	25 m	7 k
H10L	1,4 km	45 m	5 k	3,0 km	80 m	6 k	2,9 km	40 m	6 k
H12	2,4 km	53 m	7 k	2,5 km	90 m	8 k	2,8 km	85 m	7 k
H14	3,0 km	101 m	10 k	4,1 km	190 m	14 k	3,5 km	150 m	9 k
H16	4,1 km	106 m	12 k	5,7 km	275 m	19 k	3,9 km	185 m	11 k
H18	4,4 km	171 m	14 k	7,5 km	420 m	19 k	5,9 km	325 m	15 k
H20	4,8 km	211 m	15 k	7,4 km	410 m	24 k	6,1 km	310 m	16 k
H21A	5,5 km	236 m	18 k	10,3 km	540 m	30 k	7,6 km	475 m	22 k
H21B	4,8 km	186 m	14 k	7,6 km	360 m	23 k	6,1 km	310 m	16 k
H21E	6,8 km	338 m	23 k	11,2 km	525 m	30 k	10,9 km	540 m	22 k
H35A	5,0 km	239 m	16 k	7,5 km	420 m	19 k	5,9 km	325 m	15 k
H35B	3,3 km	113 m	12 k	6 km	270 m	17 k	4,2 km	265 m	12 k
H40A	5,0 km	239 m	16 k	7,3 km	340 m	20 k	6,0 km	250 m	15 k
H40B	3,3 km	113 m	12 k	6,6 km	330 m	23 k	3,9 km	220 m	12 k
H45A	4,9 km	206 m	17 k	6,6 km	330 m	23 k	6,0 km	250 m	15 k
H45B	3,0 km	101 m	10 k	4,3 km	220 m	15 k	3,7 km	165 m	11 k
H50A	4,4 km	171 m	14 k	5,7 km	240 m	17 k	5,1 km	190 m	14 k
H50B	2,9 km	108 m	11 k	3,9 km	205 m	15 k	3,5 km	160 m	12 k
H55	3,9 km	98 m	13 k	4,9 km	255 m	16 k	4,4 km	145 m	11 k
H60	3,6 km	92 m	10 k	4 km	210 m	14 k	4,4 km	145 m	11 k
H65	2,9 km	108 m	11 k	3,9 km	205 m	15 k	3,9 km	145 m	14 k
H70	2,3 km	89 m	8 k	3,1 km	155 m	11 k	3,0 km	155 m	10 k
H75	2,2 km	87 m	8 k	3,1 km	155 m	11 k	2,5 km	100 m	9 k
H80	2,2 km	87 m	8 k	3,1 km	155 m	11 k	2,5 km	100 m	9 k
HDR	1,4 km	45 m	5 k	3,0 km	80 m	6 k	2,9 km	40 m	6 k
P	2,2 km	62 m	6 k	2,6 km	80 m	7 k	2,9 km	125 m	9 k
B3	3,1 km	59 m	7 k	2,7 km	75 m	7 k	3,0 km	75 m	10 k
B5	4,7 km	87 m	11 k	4,9 km	105 m	10 k	4,7 km	155 m	12 k
T3	2,9 km	81 m	9 k	3,1 km	165 m	9 k	3,1 km	165 m	10 k
T6	5,8 km	230 m	16 k	6 km	285 m	18 k	6,0km	285 m	18 k
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INVITATION

We invite you to two races of Czech Cup, which will be held on 14.-15.9. 2013 in nature reserve Kokořínsko near Šemanovice.

http://dkp.orienteering.cz/za2013